

Home Energy Audit Checklist

Introduction

Purpose: To help identify energy and water waste throughout your home.

Estimated Time: 30–60 minutes.

Instructions: Walk through your home room-by-room and tick off checks. Note any issues and suggested fixes.

General Home-Wide Checks

Check	What to Look For	Suggested Action
Draughts around doors/windows	Feel for cold air or visible light	Install draught excluders or sealant
Thermostat setting	Too high or always on	Set to 18–21°C, use timers
Smart meter installed?	Display visible or used?	Request one from supplier
Room temperatures consistent?	Uneven heating	Bleed radiators or adjust valves
Boiler efficiency	Old or unserviced	Book a service or apply for ECO scheme

Living Room

0	1	2
Check	Observation	Suggested Fix
Using LED bulbs	Yes / No	Replace halogens with LEDs
TV/gaming devices on standby	Often / Sometimes / Never	Use timer plugs or switch off at mains
Curtains closed at night	Always / Sometimes / Rarely	Helps retain heat
Fireplace sealed or blocked	Yes / No	Use chimney balloon or draft guard

Bathroom

0	1	2
Check	Observation	Suggested Fix

Low-flow showerhead	Installed?	Fit water-saving showerhead
Tap leaks or dripping	Any slow drips?	Fix washers or report it
Shower length	More than 10 mins?	Use a timer or water-saving habits
Extractor fan usage	Always on / Never / Intermittent	Use only when needed

Kitchen

0	1	2
Check	Observation	Suggested Fix
Fridge seals tight	Test with paper slip	Replace if loose
Kettle usage	Overfilled?	Fill only what's needed
Appliance loads	Full / Half / Small	Run only when full
Appliance age	10+ years?	Consider replacement

Loft/Attic

0	1	2
Check	Observation	Suggested Fix
Loft insulation present	Yes / No	Install if missing
Insulation depth	Less than 270mm?	Top up insulation
Damp or heat loss	Signs of condensation	Check for leaks or ventilation

Outdoor

0	1	2
Check	Observation	Suggested Fix
Hose usage	Frequent / Occasional	Reduce or use watering can
External taps	Leaking?	Fix or insulate
Garden lighting	Timers/sensors?	Install sensors or LED

options

Water butt

Used?

Install to collect rainwater

Top 5 Quick Wins

- • Switch to LED bulbs
- • Seal draughts (doors, letterbox)
- • Lower thermostat by 1°C
- • Shorten showers to under 5 mins
- • Unplug devices at night

Action Tracker

Action Taken

Notes

Action Taken

Notes

Switch supplier or tariff

Book boiler service

Apply for ECO scheme

Install smart meter

Track bills using a tracker